



Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Add Avocado															1
Add Poached Eggs	Y Bar								Y					Y	1
Add Smoked Back Bacon															
Add Smoked Salmon				Y											
Southpour Benedict - Two Poached Eggs, Wilted Spinach, Toasted Sourdough, Hollandaise	Y Bar							Y	Y	Y				Y	1
Southpour Breakfast Hash - Homemade Hash, Wild Mushrooms, Wilted Spinach, Salsa Verde												Y		Y	1
Southpour Full Breakfast - Poached Egg, Sausage, Bacon, Black Pudding, Haggis, Beans, Mushrooms, Tomato, Potato Scone, Toast	Y Whe Bar Oat							Y	Y	Y				Y	1

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Southpour Granola Bowl - Toasted Maple Granola, Berry Compote, Coconut Yoghurt	Y Unknown				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							1
Southpour Pancake Stacks - Mixed Berries & Strawberry Preserve	Y Unknown								Y	Y					1
Southpour Pancake Stacks - Smoked Back Bacon & Maple	Y Unknown								Y	Y					1
Southpour Smashed Avo Sourdough - Pistachio Dukkha, Cherry Vine Tomatoes	Y Unknown				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y				Y	Y	Y	1
Southpour Charcuterie Board - Chef Selected Cured Meats, Locally Baked Artisan Bread, Gordal Olives, Sun Blushed Tomatoes, Chutney	Y Whe Rye							Y	M	Y				Y	1
Southpour Paprika Spiced Cashews - House Smoked & Spiced Nuts					Y		Y Alm Brz Cas Haz Mac Pec Pis Wal								1
Southpour Picante Olives - Marinated Gordal Olives, Sea Salt, EVOO														Y	1
Add Chicken (Lemon & Rosemary)															1
Fresh Soup of the Day - Served with Crusty Bread	Y Unknown						M Unknown	Y		Y	Y		M		1
Southpour Bourbon & Maple Pork Bites - Fennel & Apple Slaw	Y Whe Rye Bar Oat					Y		Y				Y		Y	2

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Southpour Caesar Salad - Sourdough Croutons, Caesar Dressing, Gran Padano, Crisp Gem Lettuce	Y Unknown							Y	Y	Y					2
Southpour Creamed Mushrooms On Toast - Baby onions, basil pesto & parmesan on toasted sourdough	Y Unknown							Y	Y	Y				Y	1
Southpour King Prawns - Roasted Garlic, Lemon, Roast Tomato, White Wine, Sourdough		Y				Y						Y		Y	2
Southpour Toasted Quinoa Salad - Mint and Pomegranate Salad, Wild Rice, Quinoa, Almonds, Brocoli,	Y Whe Rye Bar Oat				M		Y Unknown					Y		Y	1
Scotsman Core Cheeseburger	Y Whe Oat				Y		Y Brz Cas Haz Mac Pec Pis Wal		Y	Y	Y	Y	Y	Y	2
Scotsman core Fish & Chips	Y Whe Bar			Y				Y	Y	Y		Y		Y	1
Southpour Beetroot Risotto - Goat's Cheese Croquette, Charred Radicchio & Gremolata	Y Unknown					Y		Y	Y	Y	Y			Y	1
Southpour Grilled Seabass - Charred Tenderstem, Roasted Red Pepper, Lemon & Caper, Patatas Bravas				Y							Y				1
Southpour Slow Roasted Pork Belly - Summer Squash, Salsa Verde, Smoked Tomato & Blackbean Cassoulet						Y		Y			Y	Y		Y	2
Southpour Steak Frites - 6oz Flat Iron Steak, Fries, Rocket Salad, Garlic & Herb Butter										Y					1
Southpour Vegan Burger - Plant-based patty, Applewood, burger sauce, lettuce, tomato & pickles served with skinny fries	Y Whe Rye Bar Oat				Y		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y			Y	Y	M		2

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Add Soup Of The Day	Y Whe							Y		Y	Y				
Southpour Chicken Club - Grilled Chicken, Egg Mayo, Smoked Bacon, Tomato & Gem Lettuce	Y Bar							Y	Y			Y		Y	2
Southpour Smoked Salmon On Rye - Dill Creme Fraiche, Cucumber, Rocket	Y Whe Rye Bar			Y						Y		Y		Y	2
Southpour Wild Mushroom & Gruyere Sourdough Melt - Tarragon Aioli, Pickled Red Cabbage	Y Bar				Y		Y Brz Cas Haz Mac Pec Pis Wal			Y		Y	Y	Y	3
Fries - Skinny - Side															1
Parmesan & Truffle Fries									Y	Y					2
Southpour Apple & Fennel Slaw	Y Bar											Y		Y	2
Southpour House Seasonal Salad	Y Bar											Y		Y	1
Tenderstem Broccoli, salsa Verde												Y		Y	1
Southpour Chocolate & Orange Tart - Orange Reduction, Chocolate Soil, Orange Sorbet					M		M Unknown	Y							
Southpour Eton Mess - Crushed Meringue, Mixed Berries									Y	Y					
Southpour Mango & Coconut Slice - Maple Granola, Passionfruit sorbet	Y Whe				M		Y Alm Brz Cas Haz Mac Pec Pis Wal	Y							

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Southpour Sticky Toffee Pudding - Vanilla Ice Cream, Butterscotch Sauce	Y Whe				M		M Alm Brz Cas Haz Mac Pec Pis Wal		Y	Y					

* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds
Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts